



# Wychavon Kayak and Canoe Club

## Programme of Events

### 1st Quarter 2009

Date	Location / Event	Speak to
Thu 08 Jan	19:30 - Pool , Junior Introduction Course (1) followed by whitewater kit demo	Adam Hall
Sun 11 Jan	09:30 - River trip (All) , Lugg (meet Leominster)	Clive Pearson
Thu 15 Jan	19:30 - Pool , Junior Introduction Course (2) followed by video coaching	Paul Haggett
Thu 22 Jan	19:30 - Pool , Junior Introduction Course (3) followed by rope rescue techniques	Adam Hall
Sun 25 Jan	10:00 - River trip , Llangollen/Tryweryn or similar (skill level depending on interest)	Mike Kettle
Thu 29 Jan	19:30 - Pool , Junior Introduction Course (4) followed by video coaching	Paul Haggett
Sun 01 Feb	10:00 - Junior Paddlesport river trip	Clive Pearson
Thu 05 Feb	19:30 - Pool , Junior Introduction Course (5) followed by deep water rescues	Adam Hall
Sun 08 Feb	10:00 - River trip (Int) , Barle (North Devon) or similar	Ed Moore
Thu 12 Feb	19:30 - Pool , Junior Introduction Course (6) followed by playboating	Richard Jenkinson
Wed 18 Feb	19:30 - Committee meeting , venue TBD	Clive Pearson
Thu 19 Feb	20:30 - Curry evening	Gary Clarke
Sun 22 Feb	09:30 - River trip (Adv) , Wales or similar	Ben Brown
Wed 25 Feb	19:30 - Programme sub-committee meeting	Paul Donohue
Thu 26 Feb	19:30 - Pool , General session followed by Senior Introduction Course (1)	Adam Hall
Sun 01 Mar	10:00 - Junior Introduction Course river trip	Adam Hall
Thu 05 Mar	19:30 - Pool , General session followed by Senior Introduction Course (2)	Adam Hall
06-08 Mar	19:30 - North Wales activity weekend , multi-activity and bunkhouse based	Paul Haggett
Thu 12 Mar	19:30 - Pool , General session followed by Senior Introduction Course (3)	Adam Hall
Thu 19 Mar	19:30 - Pool , General session followed by Senior Introduction Course (4)	Adam Hall
Sun 22 Mar	09:30 - Open boat river trip , Severn valley - Ironbridge to Bridgnorth	Caroline AR
Thu 26 Mar	19:30 - Pool , General session followed by Senior Introduction Course (5)	Adam Hall
28-29 Mar	09:00 - Whitewater Safety & Rescue Course , Tryweryn	Ed Moore
Thu 02 Apr	19:30 - Pool , General session followed by Senior Introduction Course (6)	Adam Hall
Sun 05 Apr	10:00 - Senior Introduction Course river trip	Adam Hall
Thu 09 Apr	19:00 - First river session (PRSC, Pershore)	Clive Pearson
Sun 12 Apr	10:00 - Bunny surfing , Porthcawl	Paul Donohue



## Future Courses/Training Events.....

**Q2: Aquatic First Aid Course** - speak to Clive Pearson

**Jan-Apr 09: Polo training/league/galas** - speak to James Ledingham & Andy Pitt

**Starting 8th January: Junior Introduction Course (6x1hr pool sessions +river trip)** - speak to Adam Hall

**Starting 26th March: Senior Introduction Course (6x1hr pool sessions +river trip)** - speak to Adam Hall

**28th & 29th March: Whitewater Safety & Rescue Course (Tryweryn)** - speak to Ed Moore to book a place

**Q2: River rescues & rescue techniques (PRSC, evening session)** - speak to Adam Hall

## Future events.....

**27th-28th March: The Outdoor Show 2009, NEC**

**Q2 : 'Baden-Powell Tribute' Open boating Weekend** - speak to Adam Hall

**June: Washburn Weekend Cruise** - speak to Paul Donohue

**The Alps** - careless talk by the secretary!?

**impromptu trips:** if you're itching to get on the water then speak to Graham Thomas & he'll disseminate details

Check the website regularly for up to date information and additional trips

[www.wkcc.org.uk](http://www.wkcc.org.uk)

## Note to all Members

Remember, what matters is that you paddle and you paddle often. Paddling is why we are here and we want to offer you every opportunity to improve your paddling skills. The person who's name is against the activity will make every effort to ensure that the session happens, they will be at the end of a phone to answer any questions you may have about suitability, equipment and travel if needed.

Please don't be put off coming to a session that you think may be of no interest to you, free form paddling is always an option and the focused activities are simply there if you wish to join in.

## Contacts

John Gregson	<i>Honorary President</i>	01386 553240	president@wkcc.org.uk
Clive Pearson	<i>Chairman</i>	07725 323393	chairman@wkcc.org.uk
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Paul Donohue	<i>Programme Secretary</i>	07913 613958	programme@wkcc.org.uk
Graham Thomas	<i>Web Master &amp; Communications</i>	07876 335797	webmaster@wkcc.org.uk
Paul Haggett	<i>Paddle Development Officer</i>	01684 897747	paddledevelopment@wkcc.org.uk
Ellie Griffin	<i>Welfare Officer</i>	07876 651104	welfare@wkcc.org.uk
Ben Brown	<i>Quartermaster</i>	07812 368816	quartermaster@wkcc.org.uk
Caroline A-R	<i>Treasurer</i>	07909 537760	treasurer@wkcc.org.uk
Mike Kettle	<i>River trip contact</i>	07831 290227	
Ed Moore	<i>Whitewater Safety &amp; Rescue</i>	07792 429939	

## Programme produced by .....

Paul Donohue, Paul Haggett & Ed Moore with contributions from the Committee

Comment and suggestions for future programmes to Paul Donohue, Paul Haggett & Ed Moore



Wychavon Kayak and Canoe Club  
Affiliated to the British Canoe Union