

BCU Coaching / Leading and Personal Performance Awards

Event	Previous experience needed	Description	Day / Date	Time	Cost
2 Star conversion for paddlers with little canoe experience	Old 2 star kayak or similar skills in a kayak	Training in open canoes and new 2 star assessment	Sun 23 rd Nov	9.15-16.30	£45 + cert fee
Tidal planning & coastal navigation	None	Theory based navigation course. A pre requisite for 4 star sea	Sun 8 th Feb	9.30-16.15	£39 + cert fee
BCU 3 Star sea training	New 2 star or old 3 star* or similar	A Day paddle with skills coaching in sea kayaks	Wed 18 th Feb	9.15-16.15	£45
New BCU 4 Star sea training	New 3 star or similar skills	Coaching the 4 star syllabus	Thur-Fri 19 - 20 Feb	9.15-16.15	£145
UKCC Level 2 coach award	3 Star FRST Level 1	Training course for Level 2 Coach	Mon-Thur 16 - 19 March	9.15-16.15	£180
New BCU 3 Star sea assessment	3 star training, old 3 star or similar skills	A day paddle with skills coaching in sea kayaks	Wed 11 th March	9.15-16.15	£45 + cert fee
BCU Level 3 sea kayak coach assessment	Level 2 4 star sea First aid Over 18	2 day sea coach assessment	Thur-Fri 26 - 27 March	9.00-18.00	£145 + cert fee
Canoe England Coach Update	Any Paddlesport coaching qualification	Update day for coaches	Sun 26 th April	9.00-17.00	£15

For more information on these awards check out the British Canoe Union website at www.bcu.org.uk Tel 08453709500

We also cater for private groups and individuals. We deliver up to 4 star and level 3 coach courses in both sea and surf.

WEYMOUTH OUTDOOR EDUCATION CENTRE

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Winter / Spring Paddling Programme 2009

Roll : Coach : Smile : Paddle : Chat : Journey : Enjoy
Challenge : Meet : Learn : Laugh : Wonder : Improve
Explore : Experiment : Achieve : Socialise : Qualify

- Beginners river trip
- BCU Coaching and leadership courses
- BCU Personal performance awards
- Eskimo rolling in a heated pool
- Sea journeys on the Jurassic Coast
- New UKCC Level 2 coach course
- Navigation courses