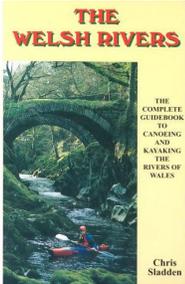




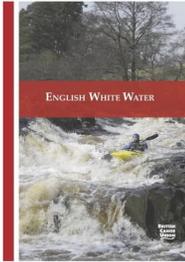
## Wychavon kayak and Canoe Club

# Recommended Reading



### **The Welsh Rivers** by Chris Sladden

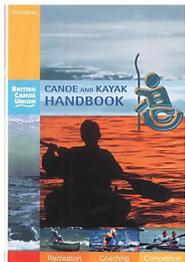
*Good bedtime reading to get your sense of adventure going. I think there may be a second issue out now*



### **English White Water**

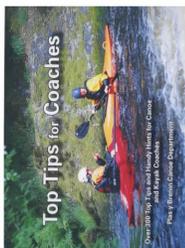
by the British Canoe Union

*As above. Good reference for the South West white water*



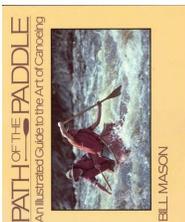
### **Canoe and Kayak Handbook** by the British Canoe Union

*The original reference book. I've not seen the latest edition yet!*



### **Top Tips for Coaches** by Plas y Brenin

*For you budding coaches and old hands alike*



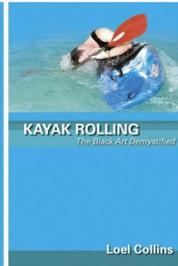
### **Path of the Paddle** by Bill Mason

*An absolute classic. This is actually part of a series with the "Song of Paddle" a very good companion if you are interested in wilderness travel*



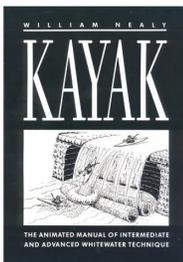
**White Water Safety and Rescue**  
by Franco Ferrero (2<sup>nd</sup> Edition)

*Safety and rescue by the book. Well this is the book!*



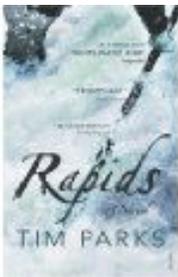
**Kayak Rolling: The Black Art Demystified**  
by Loel Collins

*For the frustrated rollers amongst you*



**Kayak: A Manual of Technique**  
by William Nealy

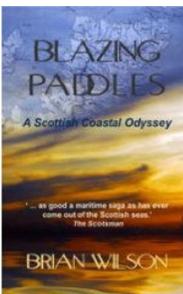
*A bit dated now but some classic river running theory hilariously illustrated. The funniest theory book you will probably ever find*



**Rapids**  
by Tim Parks

*Not often you find a novel with kayaking at the centre.*

*“Suddenly alone, you see the river's horizon come to meet you. There's a certain glassiness to it as the roar of the rapid swells the water grows more compact, it pulls more earnestly. Above and around, the mountains are quite still. Already you are past the point of no return. You must choose your line. 'In the dramatic landscape of the Italian Alps a group of English canoeists arrive for an 'introduction to white water'.”*



**Blazing Paddles**  
by Brian Wilson

*Alone in his tiny kayak, Brian Wilson sets off on an 1800-mile odyssey around Scotland's grand cliffscapes, unspoiled shorelines, fearsome sea passages and Hebridean islands.*