

The following courses may be used as alternatives to the 3 hour BCU Foundation Modules, where required as a pre-requisite for BCU (UKCC) Level 2.

In all cases, courses must be a minimum of 3 hours in duration, have been attended within the last 3 years. Candidates are not required to apply for APL where the course is listed below, but a copy of the certificate must be included in their Level 2 portfolio, having had the original verified by the Assessment Director.

Sports Coach UK / Sport NI Courses;

- Improving practice and skill
- Motivation and mental toughness
- What is sports coaching?
- How to Coach Sports Effectively?
- How to Coach Sports Safely?
- How to Coach Children in Sport?
- How to Coach Disabled People in Sport?
- Develop your Coaching
- Analysing your Coaching
- Coaching Disabled Performers
- Coaching Methods and Communication
- Coaching Children and Young People
- Fitness and Training
- Fuelling Performers
- Planning and Periodisation
- Developing Power and Speed
- Introduction to Core Stability Training

Academic Qualifications;

The following academic Qualifications, where they contain Sport' or 'Physical Education' within the qualification title with are also acceptable alternatives;

GCSE	BTEC	Post Graduate Certificate
Diploma	OCR National	Postgraduate diploma
AS and A Level	Foundation Degree	Masters Degree
NVQ	Bachelor Degree	Doctorates
Standard Grade	Scottish Higher	Advanced Higher
National Progression Awards	Professional Development Awards	Scottish Vocational Qualifications
HNC/HND		

Safeguarding and Protecting Children is not an acceptable CPD prerequisite. Child Protection training requirements are available separately.