



Stafford and Stone Canoe Club
British Canoeing
West Midlands Development Team

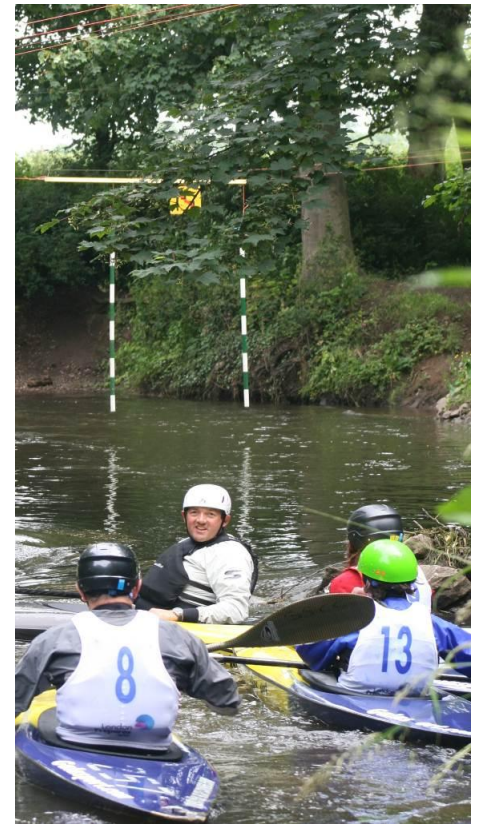


Introduction to Canoe Slalom

Coaching 11 June 2016 – Race 12 June 2016

Saturday Coaching Sessions at 10:00 or 14:00. Cost £5

This event is aimed at kayakers and canoeists who wish to try Canoe Slalom for the first time. Guidance will be given on the rules, the race format and what to expect at your first race. Coaching will be provided on the water, either in your own boat or, one of the club's slalom boats.



For further details contact

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Canoeing and Kayaking are "Assumed risk" – "contact sports" may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement".